



Twisted Cheer & Dance Code of Conduct

Twisted Cheer & Dance's Code of Conduct requires the highest standards of conduct from everyone involved in our programme. This is to ensure that every athlete and parent/guardians behaviour and actions meet the values and standards expected at all times. Everyone must conduct themselves in an honest, fair, impartial and transparent manner.

Our core values are: Respect for everyone, Teamwork, Achievement and fun.

I will respect:

- ◆ All rules & regulations of the Sport, including, but not limited to any competitions in which I participate.
- ◆ That all Twisted Cheer & Dance events, classes and The Gym itself are a safe space where the rights, dignity and worth of all involved are respected. This is irrespective of gender, marital status, race, colour, disability, sexuality, age, occupation, religion or political views.
- ◆ Twisted Cheer & Dance and the individual's reputation and not take any actions or make inappropriate comments about a fellow participant, coach, volunteer or member of Twisted Cheer & Dance that will bring the Sport or those associated in delivering the Sport into disrepute, including making comments on Social Media. I will respect Twisted Cheer & Dance's guidance and policies on Social Media.
- ◆ Any appropriate action taken against me for inappropriate behaviour, bullying or specific incidents by coaches. If behaviours continue, then I understand I could be asked to leave the programme.
- ◆ The position I hold within Twisted Cheer & Dance always conduct and dress myself in the appropriate manner.
- ◆ The result of any competitions and understand that it is not my position to pass judgement on competition results or team placements.
- ◆ All other teams, athletes and spectators at competitions. I will treat all staff at competitions (venue and event providers) with respect as I am a representative of Twisted Cheer and Dance. This is for All our spectators and athletes in attendance.



Cheerleading and Dance at Twisted Cheer & Dance is based on Teamwork and respect for each other, therefore I will:

- ◆ Not abuse or misuse any relationship of trust or position of power or influence held by me in my team or class I participate in.
- ◆ Be on time, dressed appropriately and ready to give my full attention to the class, team or role I have during a session.
- ◆ Recognise each individual member of a team or class has a part to play and that everyone contributes to a successful session and/or team.
- ◆ Be an ambassador for Twisted Cheer & Dance through my behaviour during sessions and with new members, current members and anyone I come across whilst representing the program.
- ◆ Attend sessions with a positive attitude. I will show respect and follow instructions given to me by my coach and will work hard to achieve the goals I am set. My phone will remain in my bag throughout the training session.
- ◆ Not use inappropriate language or behaviour.
- ◆ I recognise that individuals participate in Cheerleading to achieve and have fun, therefore I will:
 - ◆ Recognise the achievements of others and applaud their success
 - ◆ Endeavour to ensure that all those involved in the sport optimise their potential by promoting the positive aspects of the sport and never condoning the use of inappropriate or abusive language, inappropriate relationships, bullying, harassment or discrimination or physical violence.
 - ◆ Not impinge on other's enjoyment of the sport or my performance by consuming alcoholic drinks or smoke immediately prior to or while participating in the sport, or while safeguarding children, young people or vulnerable adults.