

WAIVER & INDEMNITY AGREEMENT

I, being the athlete (if over the age of 18) or the parent/guardian of the athlete named in this form, (if <18yrs), hereby agree and consent that I/the athlete may participate in activities offered by TWISTED CHEER AND DANCE. I recognise the risks involved when taking part in any activity involving height and motion, including cheerleading, tumbling and fitness.

I accept that TWISTED CHEER AND DANCE, its staff and coaches are not responsible for determining whether I/the athlete(s) am/is fit to take part in said activities.

I confirm that I/the athlete am/is physically fit and healthy, and I will advise TWISTED CHEER AND DANCE of any change. I declare that I consider that I/the athlete am/is capable of taking part.

In approving this consent form through Coacha and/or google form, I declare that I am aware of the element of risk involved and I understand and agree that TWISTED CHEER AND DANCE, its staff and coaches will not be held responsible for accidental loss, damage or injury to myself/the athlete unless negligence can be proved.

I consent and authorise TWISTED CHEER AND DANCE and its staff and coaches to give the immediate necessary authority on my behalf for any medical treatment recommended by competent medical authorities in the case of emergency at any authorised event I/ the athlete(s) am/is participating in or attending.

Where I am the parent/ legal guardian of the athlete, I further understand that every effort will be made to contact me. I will not hold TWISTED CHEER AND DANCE legally or financially responsible for any claims arising from consent and medical treatments for myself/the athlete(s).

I am aware that photographs and video footage may be taken during authorised events for coaching and promotional purposes. I give permission for myself/the athlete to be photographed or video taken during any authorised event and give permission for such photographs and video to be used for the promotion of TWISTED CHEER AND DANCE activities and publicity, and the sport of Cheerleading.

I waive the right to approve any photographs or videos and understand that there will not be any compensation for the use of these photographs or videos.

I hereby agree with the above and have read and fully understand these conditions and by signing below, agree to accept them.

I further understand and accept TWISTED CHEER AND DANCE policies, including but not limited to;

- CODE OF CONDUCT
- ATTENDANCE POLICY
- GYM RULES
- GDPR/ DATA PROTECTION
- FINANCIAL POLICY
- SAFEGUARDING POLICY

These policies can all be viewed at; www.twistedcheeranddance.co.uk/policies